



## Weekend Backpack Program

Helping to **END STUDENT HUNGER** in the Snoqualmie Valley School District

### Items Needed

- ✓ Peanut Butter / Jelly (in plastic jars only)
- ✓ Crackers (Ritz, Saltines, Graham, etc)
- ✓ Mac-N-Cheese / Cup of Noodles / Top Ramen
- ✓ Instant Oatmeal Packets
- ✓ Hot Chocolate Packets
- ✓ Granola Bars / Protein Bars
- ✓ Microwave Popcorn
- ✓ Individually Packaged Snacks and Crackers
- ✓ Fruit Snacks / Fruit Leather
- ✓ Canned Fruit
- ✓ Soup (Chicken Noodle or other kid-friendly soups)
- ✓ Chili / Ravioli / Spaghetto's
- ✓ Individual Juice drinks
- ✓ Water

### Winter Needs

- ✓ Cereal
- ✓ Shelf Stable Milk
- ✓ Fresh Fruits (cuties or grapes)
- ✓ Fresh vegetables (carrots or celery)
- ✓ Individual Chips/ Pretzels / Popcorn
- ✓ Pudding
- ✓ Tuna Salad or chicken Salad Kits
- ✓ Pancake Mix/ Syrup
- ✓ Applesauce
- ✓ Refried Beans/ Tortilla's

Monetary donations are very welcomed. We can buy in bulk and bring down the cost drastically. You can donate on our web site [helpsnovalley.org/donate](https://helpsnovalley.org/donate).

Questions? Please email [info@helpsnovalley.org](mailto:info@helpsnovalley.org)